

Goal

Setting and Achieving

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GOAL : Setting and Achieving

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The Gift

A gift of love to

*This book will guide you
in Planning Your GOAL
and Living the Life You Want.*

Name : _____

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Date : _____

Acknowledgement

My heartfelt gratitude to

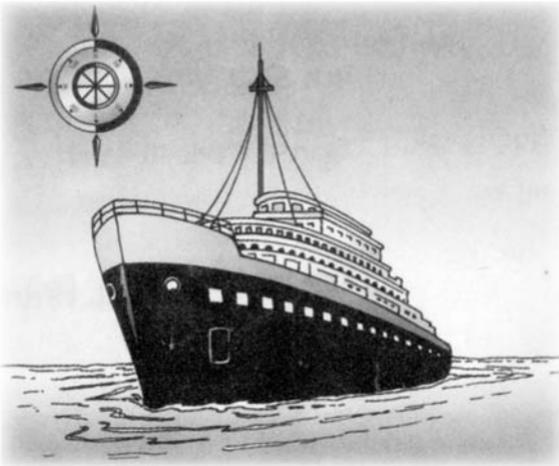
Mrs. Geetaben Sureshkumar Unadkat and

Mr Rajiv Bhalani

who set aside their personal goals to assist me
in actualising my goal of writing this Book

Dedication

To the millions of my readers
who have set their own unique GOAL
and are seeking to achieve it.



*'A life without a goal
is like a ship without compass.'*

Why this book?

A well-known university in the United State conducted an interesting survey. They wanted to find out what percentage of their students had a definite goal in their life at the time of undertaking their university degree. Can you guess the result of the survey?

The result was an eye opener! Only 3% of students had a definite goal at the time of graduating. The remaining 97% were not sure of what they want to do in the future; they were undecided about their goal.

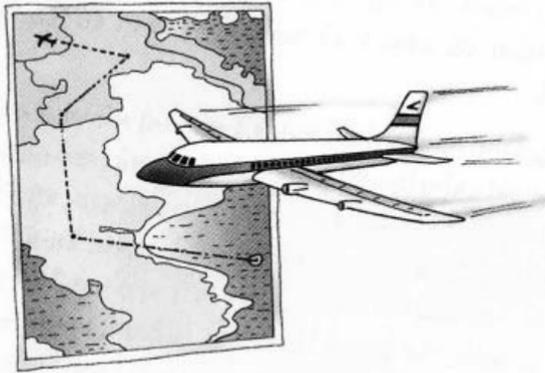
I am not sure whether or not such a study has been conducted in India; but I can very well assume through my experience in the field, what similar research results will show: less than 1% of our students have definite goals at the time of graduating.

To set right this gloomy situation is the prime responsibility of all caring people in our country. India has all the ingredients to be wealthy and prosperous; we have: minerals, crude oil, agricultural products, technology, intelligent and hard working youths etc. Then why we are we still a developing country and not a developed one?

I believe that, this is because of the lack of definite goal amongst our young people.

I am motivated to write this book because of requests from many of our student participants. I think it would be of great service to this country if we can guide our dynamic – but misdirected – youths on this vital subject.

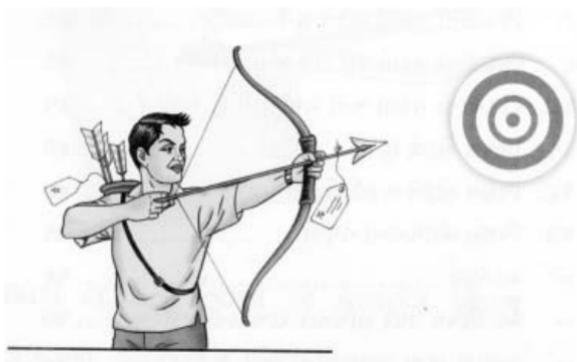
I hope, my book is a step forward in that direction.



*'A life without a GOAL is like
an airplane without a flying plan,
it can go high up in the sky, but
it can't reach any definite destination.*

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*‘A goal is the address written
on the arrow of an ace archer.’*

1. What is a goal?

The Universe or Higher Intelligence (God) planned this world as a heavenly, beautiful, and prosperous place. Each of us was sent here to play our unique role in this plan.

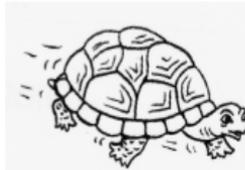
It is our responsibility to find what our special role in this divine plan is, and to fulfil that role. Nature has provided us additional qualities or abilities to do this as best we can.



Most of us live our lives without any direction or purpose because of our ignorance of this divine plan. Many of us believe that we are sent here simply to eat, drink and, be merry; so we spend our entire lives in frivolous activities until we depart from this beautiful world.

Our GOAL is to discover unique our role in this world, and play it out fully.

*'The rabbit had speed but was lazy;
the turtle had direction and persistence.'*



*We all know who reached
the finishing line first!*

2. Why should we have goal?

Everyone desires to be successful in life. They put a lot of hard work to achieve success. But not everyone achieves success even after all their effort. Why? Because the most essential part required for success is missing in their life. The missing ingredient is having a worthy and definite goal.



You may wonder: why is having a definite goal the key to success! Let me ask you a question: when do you know or feel that you are successful? Your answer will be: when I achieve my predefined goals.

So you understood why the goal is the most essential ingredient for success.

Suppose you don't have a predefined goal; what are you going to achieve in your life? You might have all other necessary qualities for success: positive mental attitude, good manners, self-discipline, punctuality, conviction, high IQ, high EQ, high SQ, honesty, courage, integrity etc. But what will you do with all these wonderful qualities if there is no goal or direction in your life?

So, the first-and-foremost requirement for success is to set our worthy goal as early as possible.

Suppose you are planning a trip somewhere. To start your journey, you may go to the railway station, bus station, or airport. Which train, bus or airplane will you catch for the journey? Your answer will be: that it depends on where I want to get to!

Exactly! That is what I want to emphasise here. It is common sense that we must first decide our destination, and then start our journey.

Let me ask you: what is the destination of your life's hundred years' journey? Not decided yet! Use your common sense here, too. Why you are confused? Do you think that you require Einstein's brain to think and decide about this? The destination of our life's journey is our goal, our purpose of life.

Please understand clearly that if you make a mistake in the train, bus, or airplane you choose, not much damage is done as it can be remedied. But if you make mistake of selecting the wrong goal – or not having a goal at all – irreversible damage is done because you will not get a second chance to live this same life.

So, it is vital that you set your goal as early as possible without fail or waste of time.

Imagine your feelings when you are travelling in a train, bus, or airplane without knowing where it will take you. There will not be any feelings of expectation, enthusiasm, or satisfaction. It will be boring journey. You will have the same feelings when you are living a life without a definite destination (Your Goal).

Are you prepared to live your whole life like this? If not, then decide (set) your goal early – and find your purpose in life.